

Anita Stewart C.M. LLD, Food Laureate ~ University of Guelph, Founder ~ Food Day Canada, www.fooddaycanada.ca

“The book is a love letter to Mother Earth and a siren blaring a global warning”

What an incredible work! So much more than a treatise on food security. It's Grampa's wisdom...it's gazing to the future seven generations hence....it's knowing what is enough and not too much...it's forest gardens and indigenous insights and space-age technology...it's a love letter to Mother Earth and a siren blaring a global warning, all liberally infused with good old-fashioned, often rural, common sense and well-vetted research. It's spiritual ecology in practice and at its finest.